

Stockholm in a nutshell

How to get to the city center from the harbor and back?

The ferry will arrive to the Värtahamnen harbor in Stockholm. It is possible to walk downtown, but we totally recommend taking the subway. The subway station “Gärdet” is within walking distance from the harbor (approximately 500 m). There is a walking bridge from the upper level of the harbor terminal, after which you simply need to follow the signs towards “Tunnelbana” or “Gärdet” to get to the station. There is only one subway line (red one), but make sure to take it in the correct direction – towards Fruängen or Norsborg.

When going back to the harbor from downtown, take the red line towards “Ropsten” and get off at the station “Gärdet”. Note that the station has several exits so make sure to look for the picture of a ferry and follow these signs.

Tickets for the subway can be bought at the info desk on-board the ESN Sea Battle and in kiosk at the stations. The price to buy them on-board or in the kiosks on land is the same. To avoid queuing in Stockholm we though recommend you to buy your tickets on-board. If you buy tickets with a group of friends you will also get a cheaper price. The tickets are valid for one hour and entitles to transfer from one line to another.

You may want to get of the subway at one of these subway stations:

- “T-Centralen” – central station. Besides being dropped right downtown, this is also the subway station from where the ESN guided tours of Stockholm will start from.
- “Gamla stan” – old town.
- “Slussen” – South of the old town. Panorama view and easy walk to the old town.

You can find the complete Stockholm subway map here: http://sl.se/Global/Pdf/Kartor/vTub_karta.pdf

Map of Stockholm?

You can find a map of Stockholm here: http://esnseabattle.org/sites/default/files/map_sthlm.jpg

In the map you will find:

- The gathering point for the ESN guided tours;
- The subway stations that will take you back to the harbor;
- Points of interest in downtown Stockholm.

What to see, do, eat, shop?

The ESN guided tours in Stockholm will introduce you to Stockholm's old town and close-by situated attractions. Tickets will be sold the 21st of April, in front of the information desk on-board the ESN Sea Battle. In case you anyway want to explore the city on your own, there is a lot of information available.

Here are some useful general websites and links:

- www.visitstockholm.com – Stockholm's official tourist information. Places of interest, activities, exhibitions and other information that might be useful for your stay in Stockholm.
- <http://wikitravel.org/en/Stockholm> – The people's guide to Stockholm.
- www.tripadvisor.com/Attractions-g189852-Activities-Stockholm.html – A list of all the must-see attractions in Stockholm
- www.visitsweden.com – General information about things to not miss in Sweden.

Where to shop?

Shopping streets – Drottninggatan, Medborgarplatsen.

Swedish designs:

- www.hm.se - all known H&M chain
- www.nk.se - luxury shopping
- www.ahlens.se - Sweden's largest department store, with competitive prices for clothing, design, media, beauty and much more.

Where and what to eat?

- www.tripadvisor.com/Restaurants-g189852-Stockholm.html – recommendations on cafes, bars, restaurants, bistros etc.
- www.lonelyplanet.com/sweden/stockholm/restaurants?sort_dir=desc&sort_order=popular – recommendations on cafes, bars, restaurants, bistros etc.
- www.max.se – Sweden's own McDonald's!
- www.kungshallen.nu – Stockholm's largest restaurant hall with different types of food: from tacos and pizza to Greek and Japanese dishes.
- Many places have good lunch offers and don't forget to check Foursquare to find local and limited deals!

Since you anyway are in Sweden, why not try some local food? Here are some ideas: Meatballs (köttbullar), Hash (pyttipanna), Pea soup (ärtsoppa), Pickled herring (sill), Blodpudding, Gravlax, Falukorv and, of course, Smörgåstårta! Sweden is anyway a very multicultural country so why not go wild and try some of the new national dishes: kebab pizza or stor falafelrulle!

“Funny” fact: Beverages that are stronger than 3.5% can only be bought in “Systembolaget” stores.

Survival Swedish

Even if basically everybody in Sweden speak fluent English, why not trying to put some of these words/sentences in your conversations while in Stockholm?

Hej!	Hi!
Tack så mycket!	Thank you!
Ursäkta!	Excuse me
Förlåt!	Sorry
Var är tunnelbanan?	Where is the subway?
Vad heter du?	What's your name?
Var är du ifrån?	Where are you from?
Jag förstår inte	I don't understand
Talar du engelska?	Do you speak English?
Jag pratar bara svenska	I only speak Swedish
En Big Mac tack!	A Big Mac thank you!
Hur mycket kostar en vattenflaska?	How much does a water bottle cost?
Hjälp, jag är borttappad!	Help, I'm lost!
Skål!	Cheers!
Kan jag få en öl?	Could I get a beer?
Kommer du med?	Will you join me?
En kyss utomlands räknas inte	A kiss abroad doesn't count
Jag älskar dig	I love you
ESN Sea Battle är bäst!	ESN Sea Battle is the best!

And some more funny Swedish words: www.youtube.com/watch?v=6ZadWAm9vwE

IN CASE OF EMERGENCY

112 is the joint emergency phone number for all relevant authorities in Sweden: Police, ambulance, fire fighters, etc. The number doesn't require an area code and works on any mobile phone, with or without a SIM card, even if the keys are locked.